TEMPLATE 3 WRITING ABOUT YOURSELF

I thought I would spend this week telling you a bit more about myself.

I am (age, partner, children - whatever you feel comfortable with) and I spent a lot of my life (previous career, in a rut? Happy but limited - whatever best describes you. The good things and the bad things)

I decided it was time for a change (say why) and so I (how you decided to do, who you trained with, why you picked them)

I learned (what the main skills and knowledge you have gained. And some softer stuff - who you met, stories about your fellow students). And now I (describe what you do and why you like it; talk about your successes)

One thing I notice is (add something from the lists in this lesson.)

Do you notice anything like that? I would love to help you or hear more about it.